

# World Sleep Day®

Hosted by World Sleep Society

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**MARCH 13, 2020** Better Sleep, Better Life, Better Planet

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June 25, 2020

Greetings Arturo Garay and Stella Valiensi, Argentinean Association of Sleep Medicine;  
Federation of Latin American Sleep Societies,

On behalf of the World Sleep Society's World Sleep Day, I want to congratulate you on your successful World Sleep Day 2020 activity! From hundreds of submitted activities from around the globe, your activity has been selected to receive ***Honorable Mention***. Your name and 2020 activity will be listed with winners on our website.

As a selected ***Honorable Mention*** winner, you are invited to attend the Opening Ceremony of World Sleep 2021 on Sunday, September 12, 2021 in Rio de Janeiro, Brazil (the full congress runs September 10-15, 2021). At the Opening Ceremony, you will receive public recognition of your ***Honorable Mention*** activity. Please know, we are unable to provide complimentary registration to the congress, travel or hotel fees to ***Honorable Mention*** winners, but we encourage you to attend.

Please provide us with a reliable email address to be used for future contact. We will reach out to you in 2021 to confirm if you or a representative will be able to participate in the ceremony, so we may include the name on our V.I.P. List.

Any changes to the congress due to the ongoing Covid-19 crisis will be announced on our website and by email.

Congratulations on a job well done! Thank you for participating in World Sleep Day 2020. We hope you'll consider becoming involved in the next World Sleep Day on March 12, 2021.

With best wishes,



Liborio Parrino, MD  
Chair, 2020 World Sleep Day Committee